

There is Actually NO Secret in MI

IBDSCL, Mar. 10th, 11th, 2018, by Nancy Yu

Good morning! Welcome to International Buddha Dharma Society for Cosmic Law to listen to our Dharma talk today.

This month, our subject is **MI**. Last week, we talked about the Esoteric Buddhism. We traced back to the source of it and explained why Esoteric Buddhism is not **MI**. We also scratched the surface of what is real **MI**. The real MI is to keep a righteous, honest, kind and pure heart to respond with the Buddhas and to get blessings from Buddhas. The greatest **MI** is in the heart of cultivators. This week, our subject is **There is Actually NO Secret in MI**. We will continue to expound **MI** (the secret method).

As we talked about last week, **MI** is for people who do not know. While for people who know, there is no **MI**, no secret methods. For example, we have a secret which others do not know, and this is **MI**. If we make this secret open to public, then it is not **MI** any more.

It's the same for Buddha Dharma. If you understand the Dharma, then it is not **MI** any more. **MI** is for people who do not understand the Dharma. In the Niravana Sutra, the Buddha told Mahakasyapa, *"The foolish people don't know, so it's called Esoteric Pitaka; wise people know clearly, so it's not esoteric."*

In the sutras, we often see 'Maha', for example, 'Bodhisattva Mahasattva', 'Maha Prajna Paramita', 'Mahakasyapa', 'Mahakatyayana', and so on. What does 'Maha' mean?

In the Sixth Patriarch's Dharma Jewel Platform Sutra, it states,

“What is ‘Maha’? Maha means ‘great.’ The capacity of the heart is vast and great like empty space without boundaries. It is not square or round, great or small. Neither is it blue, yellow, red or white. It is not above or below, or long or short. It is without anger, without joy, without right, without wrong, without good, without evil, and it has no head or tail.

“All Buddha-lands are ultimately the same as empty space. The wonderful nature of worldly people is originally empty, and there is not a single dharma which can be obtained. The true emptiness of the self-nature is also like this.

“Good Knowing Advisors, do not become attached to emptiness when hearing I say emptiness. The most important thing is to avoid becoming attached to emptiness. If you sit still with an empty heart you will become attached to undifferentiated emptiness.”

The heart has no limits or boundaries. You can't say that it is big or small, for there is nothing bigger and nothing smaller.

The self-nature is the Middle Way. There is no right or wrong in the true heart. There is no good or evil in the true heart. Therefore, the Sixth Patriarch asked Hui Ming, the ex-soldier who had come to steal the robe and bowl,

“With no thoughts of good and with no thoughts of evil, at just this moment, what is the Superior One Hui Ming's original face?” He posed this question to reveal that there is neither good nor evil in the true heart. As they say in philosophy, “It has no head or tail!”

There is not even one single dharma. It is empty.

The self-nature is like empty space;

It contains within itself both truth and falsehood.

Enlighten yourself to the original substance;

Penetrate one, penetrate all.

“When you hear me say emptiness, do not become attached to undifferentiated emptiness. If you do you will sit as if dead,” continued the Sixth Patriarch. We should cultivate true emptiness, which is wonderful existence, not vacuity. In true emptiness everything is known and everything is not known. Everything is understood completely and clearly.

A clear heart, like clear water,

Moon would appear in it.

A mind in samadhi, like the empty sky,

There is not a cloud in ten thousand miles.

So, there is actually no secret in MI. However, secrets are everywhere if one does not understand.

Now, let's get back to the “Nirvana Sutra”, the Buddha said, “In fact, the Tathagata does not have secret Pitaka. Why? It's like the fall full moon. It hangs in the empty sky, pure without any opacity, and everyone can see it. What the Buddha says is just like this.”

If you must think that there is a “secret” method, then it's your “eye” that has a problem. Of course, this “eye” is not the naked eye, but the heart eye. The heart is blocked, not clear, so the person cannot understand the meaning.

MI, the “Secret Methods” do not have secrets. All secrets are in our heart.

There are no deities outside our heart. There are no buddhas outside our heart. There is no Tao outside our heart. There is no Dharma outside our heart. There is no truth outside

our heart. There is no kindness outside our heart. There is no beauty outside our heart.
There is no home outside our heart. There is no heart outside our heart.

Never look for the Dharma outside the heart. Never look for the Tao outside the heart.

Never look for the Buddha outside the heart. Never look for the truth outside the heart.

Never look for kindness outside the heart. Never look for beauty outside the heart. Never
look for the home outside the heart. Never look for the heart outside the heart.

Cultivating the heart is the first priority. Cultivating the heart is the main line. Only
cultivating the heart can release you from birth and death. Only cultivating the heart can
free you from all the impediments. Only cultivating the heart can free you from all the
terrors. Only cultivating the heart can free you from upside-down. Only cultivating the heart
can free you from dream-thinking. Only cultivating the heart can free you from all the
attachments. Cultivating the heart will lead you to great freedom. Cultivating the heart can
lead you to the original source. Cultivating the heart can lead you to the road of returning.
Cultivating the heart can lead you to the cosmic center.

MI, esoteric method, secret method is to keep a righteous, honest, kind and pure heart to
respond with Buddha.

There is no secret in the universe. No one can use the so-called secret, esoteric method,
secret mantra to make fool of the world and people, do harm to the common people and
abuse and oppress living beings.

Too many cultivators do not understand the truth.

Too many cultivators have fallen into superstition and cannot extricate themselves !

Too many cultivators have fallen into evil ways and cannot extricate themselves.

Too many cultivators have fallen into deviant paths and cannot extricate themselves!

Too many cultivators have fallen into demonization and cannot extricate themselves!

Too many cultivators have fallen into ghosts and goblins and cannot extricate themselves!

Too many cultivators have fallen into monsters and sprites and cannot extricate themselves!

Too many cultivators have fallen into ignorance and illusions and cannot extricate themselves!

Too many cultivators have fallen into the five desires and cannot extricate themselves!

All secrets are in your heart. Do not pursue outside.

Every living being should know the truth. Every living being should gradually know the truth of the universe, the nature, the Six Destinies and everything inside and outside of the Three Realms.

Every living being is indomitable.

All the beings are equal.

All beings will become buddhas one day.

The Law of Yin-Yang balance is one of the cosmic laws.

The Law of karmic retribution is one of the cosmic rules and this should be CLEAR to every being and can never be covered intentionally or unintentionally.

You should not be a religious slave or servant. Be cautious and do not be oppressed, controlled or slaved by religion. You are the master of yourself.

Whether you practice or not, you need to love the country, love the people and repay the four kinds of graces granted to you.

Whether you practice or not, you should obey the rules and laws and be a model of virtuous behavior.

Whether you practice or not, you should harmonize the family and country and contribute for a peaceful world.

All beings come from the same Cosmic Center. All beings come from the same Nature Ocean. All beings share the same body and the same heart. All beings come from the same origin.

All beings come from the same ancestor.

All beings are equal.

Put down the attachments. Open the heart. Increase wisdom. Purify both the body and heart. Waken up.

Always think of all the buddhas. Always think of all the beings. Make clear of your missions. Know why you came here. Every being has its meaning of existence. Every being has its missions. Then you will know how to say, how to do, how to practice and how to return to home, the source.

Look at the three realms outside of the three realms.

Perform the Way at the height of the universe.

Integrate yourself into the universe and become ONENESS with it.

Integrate yourself with Buddhas and become ONENESS with them.

Integrate yourself into the heaven and earth and become ONENESS with them.

Integrate yourself into nature and become ONENESS with it.

Be egoless and unconditioned and perform according to the Way (Cosmic Law).

Bring bliss to all under heaven and rescue billions of beings.

These are all rules of mind cultivation, practice and discipline.

These are all incantation of mind cultivation, practice and discipline.

These words are mantras of mind cultivation, practice and discipline.

These are all rare secrets of mind cultivation, practice and discipline.

These are all esoteric cultivation methods of mind cultivation, practice and discipline.

There are actually no secrets in MI. Everything is in the heart. If the heart is unblocked, everything is clear. If the heart is blocked, then you don't understand.

There are actually no secrets in MI. In the universe, everything is energy. Cultivation is in responding. Cultivation is how to respond with the buddhas, how to vibrate your heart together with the buddhas' heart. If so, you get blessings and vibrate stronger.

Thank you for listening! May all of you be free from suffering and attain enlightenment soon!

Amitabha!